

**Mid Bergen Regional Health Commission
Cliffside Park, New Jersey**



Opioid Awareness Grant Committee Plan

Goal	Objectives	Inputs	Partners	Output	Short-Term Outcomes	Intermediate Outcomes	Long-Term Outcomes
Reduce number of opioid related deaths in Cliffside Park, NJ	<p>Increase knowledge, education, and self-efficacy of students and individuals across the lifespan to mitigate risk and prevent opioid related overdoses and deaths</p> <p>Expand Opioid Grant Committee by adding a designated Mid Bergen Regional Health Commission health educator(s) to offer health promotion services and provide linkage support</p> <p>Create a health (digital) marketing campaign targeted for physicians and other health related professionals</p>	<p>Deliver ongoing training to residents and town employees in community centers</p> <p>Train additional first responders and community stakeholders on administering naloxone, fentanyl test strips, and identifying risk factors and appropriate methods of response</p>	<p>Mid Bergen Regional Health Commission</p> <p>Law Enforcement</p> <p>Fire Department</p> <p>Emergency Medical Services</p> <p>Local hospital and healthcare facilities</p>	<p>Number of requested harm reduction equipment (Naloxone Kits & Fentanyl Test Strips)</p> <p>Number of deployed and disbursed harm reduction equipment (Naloxone Kits & Fentanyl Test Strips)</p>	Number of first responders, students, and other community stakeholders trained	Number of reported opioid-related overdoses reversed through Naloxone administration compared to last year	Number of opioid-related deaths and overdoses decreased compared to last year

Sample Health Education & Expenditures

Harm Reduction Supplies

Overdose Emergency Kits
Naloxone Kits
Fentanyl Test Strips
Sharps Disposal Kits
FDA Approved At-Home Test Kits
Wound Care Supplies
Additional supplies for first responders
Health Education Supplies

Marketing

Educational materials: Naloxone, Safer Injection Practices, HIV and Viral Hepatitis, Opioid Use Prevention, Testing, Treatment, and Care Services
Table tents for community agencies and healthcare offices
Web-based support

Health Education Curriculum

Age Appropriate Harm Reduction Strategies
Boundary Setting for Students
Mental Health & Building Resiliency
Caregiver Support
Drug-Free Workplace
Stress & Pain Management
Nutrition, Weight Management, and Exercise
Mental Health Continuum of Care
Nicotine, Tobacco, and Vaping
HIV Prevention
Sexual Health Education

